

Multi-Sport Ltd



@MultiSportAsia

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What's NEW this term?

- **NEW VENUE:** Hong Kong Academy, SAI KUNG
- **NEW UNIFORM:** Swimming Hats are now IN STOCK
- **NEW COACH:** Meet Tristram Adams
- **OLD:** Celebrating 30 Years: 'Enriching Life Through Sport'

Hong Kong Academy, Sai Kung



Multi-Sport Ltd HK is delighted to announce that we are now working in partnership with Hong Kong Academy, Sai Kung to provide a range of sporting activities for students and children living in the surrounding area.

Classes include: Soccer, Basketball, Gymnastics, Mini-Tennis, Junior Sports & Squash. For more details visit www.multi-sport.com.hk or contact our admin team at admin@multi-sport.com.hk

KUNG HEI FAT CHOI



Andy Horner
 Communications Manager

Kung Hei Fat Choi, and I hope the Year of the Horse is a happy and healthy one for you all. As a new lunar year begins we are delighted to bring you the first edition of the Multi-Sport Ltd newsletter; with our theme this edition being **OLD** and **NEW!**

OLD: celebrations as Multi-Sport Ltd commemorate 30 years of 'Enriching Life Through Sport' in Hong Kong. We reflect on the last 30 years with some of Multi-Sport Ltd's longest serving members.

NEW: 2014 sees **NEW** venues; **NEW** coaches; **NEW** uniforms and a **NEW** newsletter.

This seasonal newsletter is not the only way to keep update-to-date with the Multi-Sport Ltd news. Visit our website www.multi-sport.com.hk or join our social networks through [Facebook](#), [Twitter](#) or [Google+](#) and receive regular updates.

I also want to hear your views so please email me your comments, views and opinions which will enable Multi-Sport to continue to improve the high quality service we strive to provide. *Andy Horner:* communications@multi-sport.com.hk



Teams from French International School & International Montessori School celebrate together after competing in the Multi-Sport Ltd biannual soccer tournament at Happy Valley. For information about all Multi-Sports Soccer Programmes visit www.multi-sport.com.hk





NEW COACH: TRISTRAM ADAMS

NEW Swimming Hats

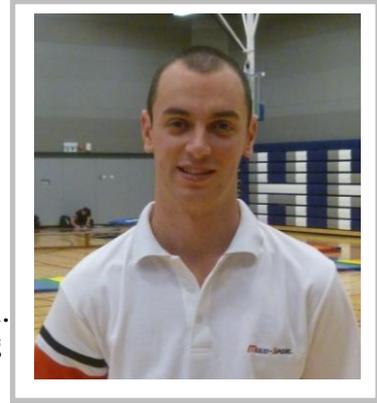


Modelled by twins Laura & Leona Drews, the **NEW** high quality swimming hats carry the Multi-Sport logo to ensure each swimmer feels part of the Multi-Sport family.

Hats (35hk\$) can be ordered by visiting our website www.multi-sport.com.hk or emailing our admin team at admin@multi-sport.com.hk

Each newsletter we would like to introduce you to the Multi-Sport Ltd team, and hope you can learn a little more about our staff and coaches. This edition we would like to introduce **Tristram Adams**; the **NEWEST** edition to the Hong Kong Team.

Arriving to us as a graduate in Sports Coaching from Cardiff Metropolitan University; Tristram's roots lie between Cambridge in the UK and Brisbane Australia. Tristram's coaching education has seen him teaching across the globe in UK, USA and Africa (Zambia). A keen swimmer, water polo and volleyball player, Tristram was also scouted by British Schools Golf (playing off a handicap of 2) and competed at an international standard as a youth and university student.



"My coaching philosophy revolves around the idea that children are in need of a role model and not a critic. I believe that children should leave my sessions having not only improved as individuals but having enjoyed themselves in the process. I am very excited to have joined the Multi-Sport team in Hong Kong and am looking forward to the challenge of coaching in Asia"

You will see Tristram coaching across Hong Kong including at our **NEW** venue; Hong Kong Academy, Sai Kung

WHY DOES MULTI-SPORT SUPPORT 'PLAYFUL LEARNING'?

At Multi-Sport Ltd we take great pride in offering vibrant, unique methodologies and 'playful learning' is one of the philosophies you will see in action, whether in the swimming pool, on the soccer pitch or in the gymnasium.

There is a long running, ongoing debate of 'learning vs. play', with more and more academics concluding the data they collect shows, when educating and coaching our children that we shouldn't think of 'learning versus play; rather stress learning via play' (*Dr Hirsh-Pasek, 2011: The Great Balancing Act: Playful Pedagogy*).

Many years of research has confirmed that children learn through play. The value of this philosophy was demonstrated in a 2007 study by the *American Academy of Pediatrics* that shows that play not only promotes behavioural development, but also brain growth.

So why does Multi-Sport employ playful learning? Simple: it gets the **BEST RESULTS!** At Multi-Sport we keep up to date with the latest academic and coaching research and are always endeavouring to improve to ensure we are always doing our very best to 'ENRICH LIFE THROUGH SPORT'.



SUPPORTING OUR PARTNERS: Save IMS Tin Hau Campus



The Multi-Sport HK coaches are supporting the fight to save the International Montessori School (IMS) Tin Hau campus.

Multi-Sport Ltd and IMS are long time partners working together encouraging active healthy students.

For more details about the fight to save IMS Tin Hau Campus visit www.facebook.com/saveIMSTinHauSchool and **Like it, Sign it & Share it.**



MOVEMBER RAISES 1700 hk\$

Like many men around the world the Multi-Sport Coaches supported men's health awareness by growing some quite questionable tashes, and raised money which will be split equally between a men's health charity & and local children's charity.



MULTI-SPORT HK: 'ENRICHING LIFE THROUGH SPORT SINCE 1983'

As Multi-Sport Ltd Hong Kong celebrates its 30th year of service, we ask some of the current longest serving members of staff what they think Multi-Sport's secret to longevity has been, and what has kept them as part of the Multi-Sport family for so long:



CHRIS FUNNELL: Managing Director
(11 YEARS SERVICE)

"For 11 years I have had the best job ever! It is an unrivalled feeling to watch our students excel and grow into healthy, active and strong young sports stars. We have seen many changes over the past 30 years but the most consistent and defining factor of our ongoing

success is the quality of staff we are able to employ, as I'm sure you will agree- this is what makes Multi-Sport such a wonderful company to be a part of.

2013 was a great year and we have been incredibly lucky to welcome so many amazing students and their families into our programs. I would like to personally thank everybody for their continued support and wish you all an active and healthy Year of the Horse."



CAROL CHOW: Senior Administrator
(13 YEARS SERVICE)

"Multi-Sport's longevity is a result of employing simple and effective philosophies that work."

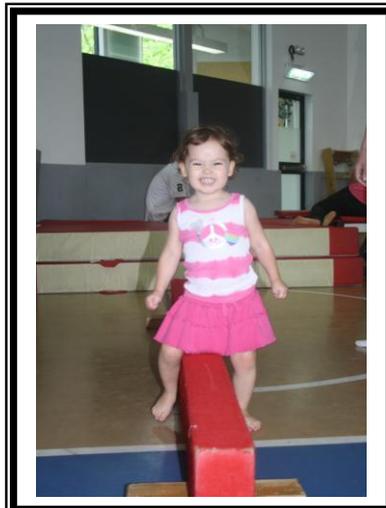
"Being surrounded by a positive team that is always in high spirits is what has kept me here over a decade."



RODNEY SMITH: Gymnastics Coach
(8 YEARS SERVICE)

"In the eight years I have been in Hong Kong, what has seen Multi-Sport last 30 years is the same thing that has kept me here. We continue to improve! Two of my favourite inclusions being an annual gymnastics competition and a parent participation day."

MULTI-SPORT PICTURE GALLERY



MULTI-SPORT HK PROGRAMMES



	M	T	W	Th	F	Sa	Su
French International School (Price Road)	Gym & Tramp	Swimming	Soccer Basketball Swimming		Swimming	Gymnastics Trampolining Gym & Tramp Mini-Tennis Junior Sports Urban Golf Swimming	
Hong Kong Academy, Sai Kung	Soccer Mini-Tennis	Gymnastics	Junior Sports	Basketball			
Discovery Bay International School						Soccer	
Island School (Borrett Road)						Junior Sports	
International Montessori School & Kindergartens (Tin Hau, Ap Lei Choi, Mid-Levels & Stanley)	Soccer			Soccer Gymnastics	Gymnastics		
Island Christian Academy (Mid-Levels)			Soccer		Mini-Tennis		
Greenfields International Kindergarten					Junior Sports		
International College Hong Kong, Hon Lok Yuen					Gymnastics		
Singapore International School			Soccer				
Hong Kong Parkview				Basketball			
Pacific View Resident's Club		Swimming	Tennis		Swimming		
American Club Hong Kong				Gym for Tots			
Hong Kong Cricket Club	Swimming	Gym for Tots Junior Sports Swimming		Mini-Sports Swimming		Gymnastics	
Hong Kong Football Club		Gym for Tots			Gymnastics		
Ladies Recreation Club		Trampolining	Gym & Tramp	Gym & Tramp	Gym for Tots Futsal		
Hong Kong YWCA	Gym for Tots Gymnastics						
Kowloon Cricket Club					Junior Sports Basketball		

For more information regarding any of the programmes visit:
www.multi-sport.com.hk or email admin@multi-sport.com.hk

Programmes in BLACK: Open to all
 Programmes in RED: School Students Only
 Programmes in GREEN: Members & Guests Only



Working together
for active and
healthy students



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students



DID YOU KNOW? Multi-Sport Ltd can also run sport themed PARTIES and offer PRIVATE Lessons in: SWIMMING; TENNIS; GOLF; GYMNASTICS; SOCCER & BASKETBALL. For more details contact: communications@multi-sport.com.hk