



 [Multi-Sport Ltd](#)
 @MultiSportAsia

Multi-Sport Ltd Head Office
 8th Floor, Kingdom Power Commercial Building
 32 - 36 Des Voeux Road West
 Hong Kong
 Tel. (852) 2540 1257
 Fax. (852) 2609 1779

Spring 2014: Newsletter 002
www.multi-sport.com.hk
communications@multi-sport.com.hk
admin@multi-sport.com.hk

INSIDE THIS EDITION

- **OUTDOOR SWIM SEASON BEGINS:** Time to get wet!
- **CNY HOLIDAY:** Sports Camp Fun
- **NEW:** Indoor Tennis Camp
- **SWIM GALA:** Sunday 8th June
- **GYMNASTICS COMPETITION:** Sunday 22nd June

Time to get wet!



Chris Funnell
Managing Director

We have had a very cold winter this year, but as the weather starts to stabilize, it feels great to welcome some warm and sunny days. Those uninviting, cold swimming pools that have sat empty for the past few months will soon be transformed into summer playgrounds. It is time to get wet, have fun and practice your swimming.

Big well done to all those that continued to swim over the winter, we have seen vast improvements and looking forward to seeing how you all perform at the **Multi-Sport Biannual Swimming Gala on Sunday 8th June.**

I am also very excited about the upcoming interactive gymnastics lessons (**29th March - 4th April**), where Mummies and Daddies get to test their own skills under the watchful eye of their children! However, the tables will turn with the **Fourth Annual Multi-Sport Gym Competition** being held on **Sunday 22nd June.** Good luck and keep practicing!

Chris Funnell

CHINESE NEW YEAR HOLIDAY: SPORTS CAMP FUN



Multi-Sport's CNY holiday sports camp entertained & educated students at French International School (Jardine's Lookout).

Students took part in many different sporting activities throughout the week including swimming, basketball, gymnastics and soccer. Always popular, the Multi-Sport team of Rodney, Tristram & Sorcha ensured energy levels were high and a positive experience was had by all.

The next Multi-Sport holiday camp is scheduled to run over the Easter Holiday (14th-24th April). Places are limited so download the [application form](#) and register place NOW!



Teams from FIS, IMS & Parkview after competing in a Multi-Sport Ltd basketball tournament at FIS. For information about all Multi-Sports Basketball Programmes visit: www.multi-sport.com.hk





BRAND NEW: INDOOR TENNIS CAMP

Multi-Sport: Shanghai, China



In 1996 Multi-Sport spread its coaching values to pastures new, electing the exciting and vibrant city of Shanghai, China.

Multi-Sport quickly distinguished itself as an unrivalled sports service provider, offering world class coaching to an international clientele in Shanghai. Seventeen years on, Multi-Sport Shanghai boasts partnerships with some of the most elite international schools and health clubs in Shanghai all of whom like Multi-Sport are passionately dedicated to 'Enriching life through sport'.

Multi-Sport Ltd is very happy to announce they will be launching a brand new Indoor Tennis Camp in Summer 2014.

Headed up by Multi-Sport Ltd coach, Leo van den Bogaerde, the camp has been designed to enable students to develop a wider range of skills advancing on the current Multi-Sport Mini-Tennis programmes.



"I am very excited about the Indoor Tennis Camp. The 90 minute sessions with a low student ratio will allow time to support each student to develop additional technical and tactical aspects of the game; work on body positioning; different types of spin and effective stroke patterns."

Tennis has been a huge part of my life since I started playing at the age of 3. At 7 years old I started competing and at 13 I was accepted into the Millfield Tennis Academy, UK. The transition from playing to coaching has been a natural one with there being nothing more rewarding than seeing the delight in a child's eyes when they play a great tennis shot."

For more details and to register your interest in the Multi-Sport Summer Tennis Camp visit contact communications@multi-sport.com.hk.

MULTI-SPORT ANNUAL

GYMNASTIC COMPETITION 2014



The Winter Olympics and Paralympics in Sochi have concluded and the countdown to the fourth annual Multi-Sport Ltd Gymnastics Competition has begun. All gymnasts enrolled on Multi-Sport programmes across Hong Kong are invited to compete in four disciplines (Floor, Vault, Mini-Tramp & Beam) to determine the **2014 CHAMPION!**

PICTURES: *left* Sofia Pompen (IMS) displays a flawless arabesque balance) & *right* Kimberley Thursfield (HLYIS) demonstrates a cartwheel dismount from the beam.



2013 9+ Champion: **Anju Chenaux (LRC)**

This years event will take place at FIS (Jardine's Lookout) on **Sunday 22nd June 2014**. For more information on how to register for the event, the days schedule, requirements in each discipline and information regarding the scoring system please visit www.multi-sport.com.hk. The Multi-Sport Gymnastics competition is a fantastic event to conclude the years gymnastics programme. We hope all gymnasts will be able to attend, compete and enjoy this fantastic occasion!!





MULTI-SPORT BIENNIAL SWIMMING

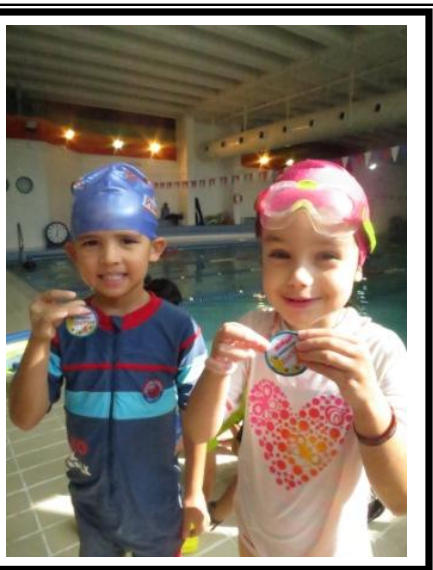
GALA: JUNE 2014

The second swim gala of the 2013/14 school programme is scheduled for **Sunday 8th June**. This is the opportunity for all **Multi-Sport Swimmers** to compete, compare times, track improvement and challenge for records.



Visit: www.multi-sport.com.hk to view the days **schedule**; **register entry**, view **records** and all **previous results & times**.

MULTI-SPORT PICTURE GALLERY



MULTI-SPORT HK PROGRAMMES



	M	T	W	Th	F	Sa	Su
French International School (Price Road)	Gym & Tramp	Swimming	Soccer Basketball Swimming		Swimming	Gymnastics Trampolining Gym & Tramp Mini-Tennis Junior Sports Urban Golf Swimming	
Hong Kong Academy, Sai Kung	Soccer Mini-Tennis	Gymnastics	Junior Sports	Basketball			
Discovery Bay International School						Soccer	
Island School (Borrett Road)						Junior Sports	
International Montessori School & Kindergartens (Tin Hau, Ap Lei Choi, Mid-Levels & Stanley)	Soccer			Soccer Gymnastics	Gymnastics		
Island Christian Academy (Mid-Levels)			Soccer		Mini-Tennis		
Greenfields International Kindergarten					Junior Sports		
International College Hong Kong, Hon Lok Yuen					Gymnastics		
Singapore International School			Soccer				
Hong Kong Parkview				Basketball			
Pacific View Resident's Club		Swimming	Tennis		Swimming		
American Club Hong Kong				Gym for Tots			
Hong Kong Cricket Club	Swimming	Gym for Tots Junior Sports Swimming		Mini-Sports Swimming		Gymnastics	
Hong Kong Football Club		Gym for Tots			Gymnastics		
Ladies Recreation Club		Trampolining	Gym & Tramp	Gym & Tramp	Gym for Tots Futsal		
Hong Kong YWCA	Gym for Tots Gymnastics						
Kowloon Cricket Club					Junior Sports Basketball		

For more information regarding any of the programmes visit:
www.multi-sport.com.hk or email admin@multi-sport.com.hk

Programmes in BLACK: Open to all
 Programmes in RED: School Students Only
 Programmes in GREEN: Members & Guests Only



Working together
for active and
healthy students



Working
together for
active, healthy
students



DID YOU KNOW? Multi-Sport Ltd can also run sport themed PARTIES and offer PRIVATE Lessons in: SWIMMING; TENNIS; GOLF; GYMNASTICS; SOCCER & BASKETBALL. For more details contact: communications@multi-sport.com.hk