

Notes & Conditions

1. Spaces are strictly limited on the course. Please apply early to avoid disappointment. Places will be allocated on a first come first served basis.
2. Priority re-enrolment arrangement will only apply for those students who successfully joined in the previous term, available for Spring 2021 & Summer 2021. Multi-Sport decision is final.
3. Places are only reserved when a signed application form is received with payment. Please do not fax application forms.
4. Kindly make cheques payable to 'Multi-Sport Limited' and write your child's name on the back of it and send to the address below.
5. Only unsuccessful applicants will be notified, otherwise simply turn up to your selected class as scheduled in the brochure.
6. There will be no lessons on Public holidays. Please consult our brochure for other holidays, such as term breaks and keep your brochure as a reference.
7. Courses are automatically cancelled during Red/Black rain warnings and the hoisting of the No.8 Typhoon Signal, or when course venues are closed due to inclement weather. A credit letter shall be issued for cancelled lessons or for lessons which canceled due to unforeseen circumstances.
8. Refunds, credit letters or make up lessons will not be given for non-attendance of lessons for any reason.
9. All students must be Pacific View Residents or accompanied guest (max. 2). A Pacific View Resident's card number must be provided in the application form.
10. Guests joining a swimming programme at Pacific View will be required to pay an additional advanced entrance fee through Multi-Sport which is non-refundable.
11. I accept that the Pacific View Residents' Club, its servants and employees and Multi-Sport Ltd. and its coaches will not accept liability whatsoever arising out of any accident or injury or to any person or for loss of or damage to any property anywhere within the Pacific View Residents' Club or any venues in connection with the Pacific View Residents' Club - Multi-Sport Ltd programmes.
12. Multi-Sport Ltd may use media equipment during any session for analysis and/or promotional purposes. By enrolling on any Multi-Sport programme you are giving permission for images of your child to be used by Multi-Sport Ltd for any lawful purpose. If you would rather Multi-Sport Ltd did not use images of your child, please make us aware in writing.
13. Have fun, get fit and keep well.



Enriching Life Through Sport Since 1983

Multi-Sport Limited
8th Floor, Kingdom Power Commercial Building
32 – 36 Des Voeux Road West, Hong Kong
Tel: 2540 1257 Fax: 2609 1779
www.multi-sport.com.hk

MULTI-SPORT®



PACIFIC VIEW
SPORTS PROGRAMMES 2020/21

PACIFIC VIEW SPORTS PROGRAMME
AUTUMN TERM 2020 APPLICATION FORM

Please complete the following details and **post** the application form together with payment to Multi-Sport Limited
8th Floor, Kingdom Power Commercial Building, 32 – 36 Des Voeux Road West, Hong Kong

I have read and accept all the notes and conditions and wish to enroll in the following programmes:

Student's Name	D.O.B dd/mm/yy	Day	Time	Course	Fee
				Total:	

Address: _____

Contact Person: _____

Home No.: _____ Work No.: _____

Mobile No.: _____ Email: _____

Pacific View Resident's Club Card No.: _____ (compulsory)

If you are the accompanied guest (max. 2) of a Pacific View Resident, please state below the name of the child who is your sponsor that is in the same class. (Pacific View Residents have priority for enrolment)

Name of Sponsor: _____ Flat No. _____

Participating in Multi-Sport Ltd activities can be strenuous and a reasonable level of fitness is required. If your child suffers from any medical condition, disability or general poor health, you should consult your doctor prior to participating in the activity. If the student suffers from any allergies, medical conditions or physical limitations that our teachers should be aware of, or is currently taking medication please provide us with the relevant details. I understand no confirmation will be sent out to successful applicants. If I do not hear from Multi-Sport, my child will simply turn up for the lesson.

Parent's Name: _____

Kindly send this form together with a cheque made payable to: 'Multi-Sport Limited'. Please do not fax.

Signature: _____

Date: _____

AUTUMN TERM 2020
SWIMMING PROGRAMME

Category	Monday	Friday
	Oct 5– Dec 14 (no lesson on Oct 19&26) 9 sessions	Oct 9 – Dec 18 (no lesson on Oct 2 & 23) 10 sessions
Pre-School (3yrs – 5 yrs) Class Focus – Early years water confidence, development of basic motor skills through fun base water activities. Parents or guardian must be in the water.	3:00 – 3:30 \$1800 Guests : \$1980	3:00 – 3:30 \$2000 Guests : \$2200
Beginner (Class by ability, suggested age 4 – 6 yrs) Entry requirements – no experience needed Class Focus – To develop basic movement and water confidence, introducing swimming fundamentals to achieve 10m on their front and back. Tested on ASA NP Stages 1 - 3	3:30 – 4:00 \$1800 Guests : \$1980	3:30 – 4:00 \$2000 Guests : \$2200
Level 1 (Class by ability, suggested age 5+) Entry requirements- able to move 10m without floats on their front and back. Class Focus- To develop skills through appropriate drills, to refine kicking technique on all strokes, to achieve 25m to an approved ASA standard. Tested on ASA NP Stages 3-4	4:15 – 5:00 \$1800 Guests : \$1980	4:15 – 5:00 \$2000 Guests : \$2200
Level 2 (Class by ability) Entry requirements- able to complete 25m to an approved ASA standard. Class Focus- To develop effective technique, coordinated breathing on all strokes, to achieve 50m to an approved ASA standard. Tested on ASA NP Stages 4-6	5:00 – 5:45 \$1800 Guests : \$1980	5:00 – 5:45 \$2000 Guests : \$2200
Level 3 (Class by ability) Entry requirements- able to complete 50m to an approved ASA standard Class Focus- To develop quality stroke technique on all strokes, to achieve 100m to an approved ASA standard. Tested on ASA NP Stages 6-7	5:45 – 6:45 \$1800 Guests : \$1980	
Advanced (Class by ability) Entry requirements- able to complete 100m to an approved ASA standard Class Focus-Introduction to competitive swimming, preparation for entry to the Junior Dolphins Swim Squad. Tested on ASA NP Stages 8-10		5:45 – 6:45 \$2000 Guests : \$2200
Private Class Maximum 2 persons with similar age and ability. Private lessons are 30 minute lessons, please call for available times.	Monday 1 Pax: \$440 2 Pax: \$220@	Thursday 1 Pax: \$440 2 Pax: \$220@
		Friday 1 Pax: \$440 2 Pax: \$220@

TENNIS

Category	Wednesday
	Sept 23 – Dec 16 (no lesson on Oct 21) 12 sessions
Mini – Tennis Stage 1(3 & 4 yrs) Mini tennis is the perfect introduction for young players. We play our mini tennis on smaller courts with shorter rackets and softer/ low bounce balls. It's just like the real game and gives players opportunities to have longer rallies and play different types of shots with ease. To ensure all players get the most out of our lessons we spend a lot of time improving hand eye co-ordination, use a lower net than regular tennis and keep our classes small.	3:00 – 4:00 \$2640
Mini – Tennis Stage 2 (5 & 6 yrs) A beginner course to learn all the basics. Great emphasis is placed on having fun while learning.	4:00 – 5:00 \$2640
Mini -Tennis Stage 3 (6 & 6+ yrs) Students will be exposed to all aspects of tennis, including the physical, technical and tactical parts of the game as they start to create their own unique style of play. Previous tennis experience is required to join this course.	5:00 – 6:00 \$2640
Junior Tennis (9 yrs +) Students will further advance their strokes concentrating on consistency and accuracy. Tactics and game play strategy will be element of the course; helping students improve to their maximum potential.	6:00 – 7:00 \$2640

**PACIFIC VIEW SPORTS PROGRAMME
SPRING TERM 2021 APPLICATION FORM**

Please complete the following details and **post** the application form together with payment to Multi-Sport Limited
8th Floor, Kingdom Power Commercial Building, 32 – 36 Des Voeux Road West, Hong Kong

I have read and accept all the notes and conditions and wish to enroll in the following programmes:

Student's Name	D.O.B dd/mm/yy	Day	Time	Course	Fee
				Total:	

Address: _____

Contact Person: _____

Home No.: _____ Work No.: _____

Mobile No.: _____ Email: _____

Pacific View Resident's Club Card No.: _____ (compulsory)

If you are the accompanied guest (max. 2) of a Pacific View Resident, please state below the name of the child who is your sponsor that is in the same class. (Pacific View Residents have priority for enrolment)

Name of Sponsor: _____ Flat No. _____

Participating in Multi-Sport Ltd activities can be strenuous and a reasonable level of fitness is required. If your child suffers from any medical condition, disability or general poor health, you should consult your doctor prior to participating in the activity. If the student suffers from any allergies, medical conditions or physical limitations that our teachers should be aware of, or is currently taking medication please provide us with the relevant details. I understand no confirmation will be sent out to successful applicants. If I do not hear from Multi-Sport, my child will simply turn up for the lesson.

Parent's Name: _____

Signature: _____

Date: _____

Kindly send this form together with a cheque made payable to: 'Multi-Sport Limited'. Please do not fax.

**SPRING TERM 2021
SWIMMING PROGRAMME**

Category	Monday Jan 4 – Mar 22 (no lesson on Feb 15) 11 sessions	Friday Jan 8 – Mar 26 (no lesson on Feb 12 & 19) 10 sessions
	Pre-School (3yrs – 5 yrs) <u>Class Focus</u> – Early years water confidence, development of basic motor skills through fun base water activities. Parents or guardian must be in the water.	3:00 – 3:30 \$2200 Guests : \$2420
Beginner (Class by ability, suggested age 4 – 6 yrs) Entry requirements – no experience needed <u>Class Focus</u> – To develop basic movement and water confidence, introducing swimming fundamentals to achieve 10m on their front and back. Tested on ASA NP Stages 1 - 3	3:30 – 4:00 \$2200 Guests : \$2420	3:30 – 4:00 \$2000 Guests : \$2200
Level 1 (Class by ability, suggested age 5+) Entry requirements- able to move 10m without floats on their front and back. <u>Class Focus</u> - To develop skills through appropriate drills, to refine kicking technique on all strokes, to achieve 25m to an approved ASA standard. Tested on ASA NP Stages 3-4	4:15 – 5:00 \$2200 Guests : \$2420	4:15 – 5:00 \$2000 Guests : \$2200
Level 2 (Class by ability) Entry requirements- able to complete 25m to an approved ASA standard. <u>Class Focus</u> - To develop effective technique, coordinated breathing on all strokes, to achieve 50m to an approved ASA standard. Tested on ASA NP Stages 4-6	5:00 – 5:45 \$2200 Guests : \$2420	5:00 – 5:45 \$2000 Guests : \$2200
Level 3 (Class by ability) Entry requirements- able to complete 50m to an approved ASA standard <u>Class Focus</u> - To develop quality stroke technique on all strokes, to achieve 100m to an approved ASA standard. Tested on ASA NP Stages 6-7	5:45 – 6:45 \$2200 Guests : \$2420	
Advanced (Class by ability) Entry requirements- able to complete 100m to an approved ASA standard <u>Class Focus</u> -Introduction to competitive swimming, preparation for entry to the Junior Dolphins Swim Squad. Tested on ASA NP Stages 8-10		5:45 – 6:45 \$2000 Guests : \$2200
Private Class Maximum 2 persons with similar age and ability. Private lessons are 30 minute lessons, please call for available times.	Monday 1 Pax: \$440 2 Pax: \$220@	Thursday 1 Pax: \$440 2 Pax: \$220@
		Friday 1 Pax: \$440 2 Pax: \$220@

TENNIS

Category	Wednesday Jan 6 – Mar 24 (no lesson on Feb 17) 11 sessions
Mini – Tennis Stage 1(3 & 4 yrs) Mini tennis is the perfect introduction for young players. We play our mini tennis on smaller courts with shorter rackets and softer/ low bounce balls. It's just like the real game and gives players opportunities to have longer rallies and play different types of shots with ease. To ensure all players get the most out of our lessons we spend a lot of time improving hand eye co-ordination, use a lower net than regular tennis and keep our classes small.	3:00 – 4:00 \$2420
Mini – Tennis Stage 2 (5 & 6 yrs) A beginner course to learn all the basics. Great emphasis is placed on having fun while learning.	4:00 – 5:00 \$2420
Mini -Tennis Stage 3 (6 & 6+ yrs) Students will be exposed to all aspects of tennis, including the physical, technical and tactical parts of the game as they start to create their own unique style of play. Previous tennis experience is required to join this course.	5:00 – 6:00 \$2420
Junior Tennis (9 yrs +) Students will further advance their strokes concentrating on consistency and accuracy. Tactics and game play strategy will be element of the course; helping students improve to their maximum potential.	6:00 – 7:00 \$2420

PACIFIC VIEW SPORTS PROGRAMME
SUMMER TERM 2021 APPLICATION FORM

Please complete the following details and **post** the application form together with payment to Multi-Sport Limited
8th Floor, Kingdom Power Commercial Building, 32 – 36 Des Voeux Road West, Hong Kong

I have read and accept all the notes and conditions and wish to enroll in the following programmes:

Student's Name	D.O.B dd/mm/yy	Day	Time	Course	Fee
				Total:	

Address: _____

Contact Person: _____

Home No.: _____ Work No.: _____

Mobile No.: _____ Email: _____

Pacific View Resident's Club Card No.: _____ (compulsory)

If you are the accompanied guest (max. 2) of a Pacific View Resident, please state below the name of the child who is your sponsor that is in the same class. (Pacific View Residents have priority for enrolment)

Name of Sponsor: _____ Flat No. _____

Participating in Multi-Sport Ltd activities can be strenuous and a reasonable level of fitness is required. If your child suffers from any medical condition, disability or general poor health, you should consult your doctor prior to participating in the activity. If the student suffers from any allergies, medical conditions or physical limitations that our teachers should be aware of, or is currently taking medication please provide us with the relevant details. I understand no confirmation will be sent out to successful applicants. If I do not hear from Multi-Sport, my child will simply turn up for the lesson.

Parent's Name: _____

Kindly send this form together with a cheque made payable to: 'Multi-Sport Limited'. Please do not fax.

Signature: _____

Date: _____

SUMMER TERM 2021
SWIMMING PROGRAMME

Category	Monday	Friday
	Apr 12 – Jun 28 (No lesson on Jun 14) 11 sessions	Apr 16 – Jun 25 11 sessions
Pre-School (3yrs – 5 yrs) Class Focus – Early years water confidence, development of basic motor skills through fun base water activities. Parents or guardian must be in the water.	3:00 – 3:30 \$2200 Guests : \$2420	3:00 – 3:30 \$2200 Guests : \$2420
Beginner (Class by ability, suggested age 4 – 6 yrs) Entry requirements – no experience needed Class Focus – To develop basic movement and water confidence, introducing swimming fundamentals to achieve 10m on their front and back. Tested on ASA NP Stages 1 - 3	3:30 – 4:00 \$2200 Guests : \$2420	3:30 – 4:00 \$2200 Guests : \$2420
Level 1 (Class by ability, suggested age 5+) Entry requirements- able to move 10m without floats on their front and back. Class Focus- To develop skills through appropriate drills, to refine kicking technique on all strokes, to achieve 25m to an approved ASA standard. Tested on ASA NP Stages 3-4	4:15 – 5:00 \$2200 Guests : \$2420	4:15 – 5:00 \$2200 Guests : \$2420
Level 2 (Class by ability) Entry requirements- able to complete 25m to an approved ASA standard. Class Focus- To develop effective technique, coordinated breathing on all strokes, to achieve 50m to an approved ASA standard. Tested on ASA NP Stages 4-6	5:00 – 5:45 \$2200 Guests : \$2420	5:00 – 5:45 \$2200 Guests : \$2420
Level 3 (Class by ability) Entry requirements- able to complete 50m to an approved ASA standard Class Focus- To develop quality stroke technique on all strokes, to achieve 100m to an approved ASA standard. Tested on ASA NP Stages 6-7	5:45 – 6:45 \$2200 Guests : \$2420	
Advanced (Class by ability) Entry requirements- able to complete 100m to an approved ASA standard Class Focus- Introduction to competitive swimming, preparation for entry to the Junior Dolphins Swim Squad. Tested on ASA NP Stages 8-10		5:45 – 6:45 \$2200 Guests : \$2420
Private Class Maximum 2 persons with similar age and ability. Private lessons are 30 minute lessons, please call for available times.	Monday 1 Pax: \$440 2 Pax: \$220@	Thursday 1 Pax: \$440 2 Pax: \$220@
		Friday 1 Pax: \$440 2 Pax: \$220@

TENNIS

Category	Wednesday
	Apr 14 – Jun 30 (No lesson on May 19) 11 sessions
Mini – Tennis Stage 1(3 & 4 yrs) Mini tennis is the perfect introduction for young players. We play our mini tennis on smaller courts with shorter rackets and softer/ low bounce balls. It's just like the real game and gives players opportunities to have longer rallies and play different types of shots with ease. To ensure all players get the most out of our lessons we spend a lot of time improving hand eye co-ordination, use a lower net than regular tennis and keep our classes small.	3:00 – 4:00 \$2420
Mini – Tennis Stage 2 (5 & 6 yrs) A beginner course to learn all the basics. Great emphasis is placed on having fun while learning.	4:00 – 5:00 \$2420
Mini -Tennis Stage 3 (6 & 6+ yrs) Students will be exposed to all aspects of tennis, including the physical, technical and tactical parts of the game as they start to create their own unique style of play. Previous tennis experience is required to join this course.	5:00 – 6:00 \$2420
Junior Tennis (9 yrs +) Students will further advance their strokes concentrating on consistency and accuracy. Tactics and game play strategy will be element of the course; helping students improve to their maximum potential.	6:00 – 7:00 \$2420